

CAMP STAFF



RENATA NOWACKI
Head Coach

Renata is entering her fifth season as head coach of the Redhawks volleyball program. She previously served four years as assistant coach and recruiting coordinator at Southeast. Originally from Stoney Creek, Ontario, Nowacki attended the University of Mississippi and was a standout setter during the 1997-2000 seasons. In addition to directing the Southeast volleyball camps, Coach Nowacki has extensive camp experience throughout Ontario and various universities in the United States. She has been the club director for SEMO Attack Volleyball the past six years.

JEREMIAH LARSEN
Assistant Coach



Jeremiah is entering his third season as assistant coach and recruiting coordinator at Southeast. Prior to Southeast, Jeremiah served as a volunteer assistant at Utah Valley State College. Jeremiah competed at Brigham Young University as a setter/libero and was a member of the 2001 NCAA Division I Championship Team.



RANDI RAFF
Assistant Coach

Randi is entering her second season as assistant coach with the Redhawks volleyball program. She came to Southeast after serving as volunteer assistant at Saint Joseph's College. Prior to that, she served as graduate assistant strength and conditioning coach at Purdue University. Randi played collegiately at the University of Southern Indiana where her team advanced to two NCAA Division II Championship Tournaments and claimed two GLVC Conference Championships.



CLINICS

INTRO TO VOLLEYBALL - AGES 8-12
Friday, June 12 – 10 a.m.-3 p.m. – \$75
Houck Field House

ALL-SKILLS CLINIC (ALL AGES)
Sat. & Sun., June 13 & 14 – 10 a.m.-3 p.m.
\$125 – Houck Field House

HITTERS CLINIC (ALL AGES)
Saturday, June 20 – 10 a.m.-3 p.m. – \$75
Houck Field House

Fee includes official team volleyball, t-shirt, and excess coverage insurance.

ALL-SKILLS CAMP

June 5, 6, 7 for girls entering grades 9-12
Check-In: Friday, June 5
Vandiver Hall at 1:00 p.m.

Check-Out: Sunday, June 7
Vandiver Hall at Noon

June 8, 9, 10 for girls entering grades 4-8
Check-In: Monday, June 8
Towers Dorm at 1:00 p.m.

Check-Out: Wednesday, June 10
Towers Dorm at Noon

Day Campers \$155.00
Resident Campers \$195.00

FEE INCLUDES:

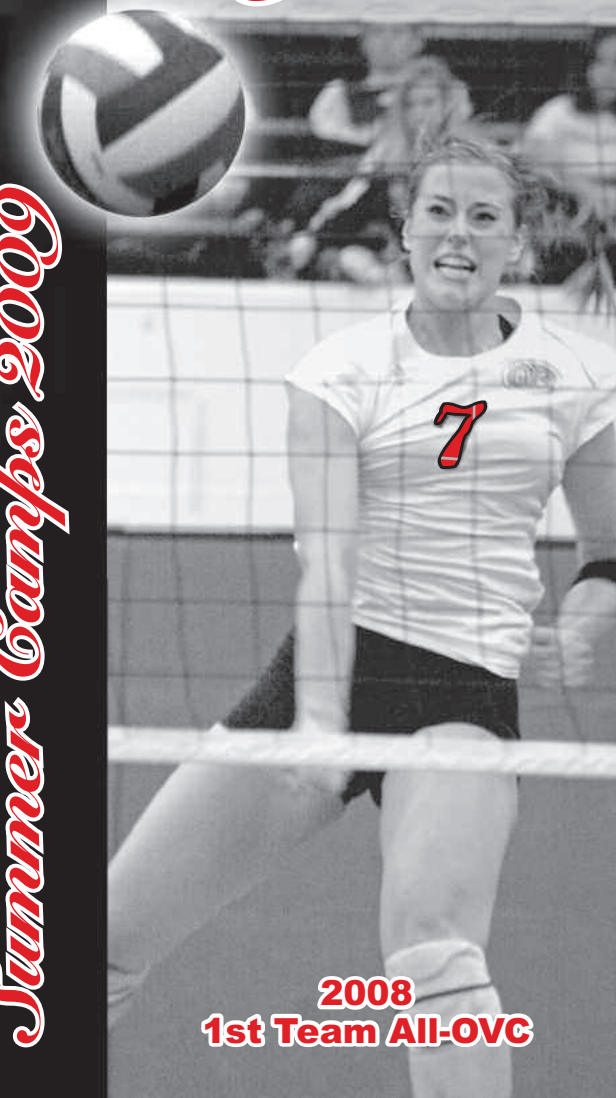
Room in Dorm for Resident Campers;
Meals in Cafeteria (Lunch and Dinner for Day Campers); Camp T-shirt; Official Team Volleyball;
Excess Coverage Insurance; Pool Fee

ACTIVITIES INCLUDE:

Pre-season conditioning techniques; Individual skill instruction; Offensive team strategies; Defensive team strategies; Tournament play; Fundamentals of the game; Swimming; Other fun activities

Non-Profit Org.
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CAPE GIRARDEAU, MO
63701
PERMIT NO. 1000

Southeast Missouri State University
One University Plaza
Cape Girardeau, MO 63701
100485



Summer Camps 2009

2008
1st Team All-OVC

VB APPLICATION

Name_____

Address_____

City_____

State_____ Zip_____

Home Phone (_____) _____

Age_____ 2009-10 Grade_____

Positions_____

Parent Name_____

Home Phone_____

Day Phone_____

Cell Phone_____

SELECT YOUR T-SHIRT SIZE:

Adult: S M L XL

CHECK APPROPRIATE SPACE:

All Skills Camp* - June 5, 6, 7 (entering grades 4-8)

Day Camper Resident Camper

All Skills Camp* - June 8, 9, 10 (entering grades 9-12)

Day Camper Resident Camper

Intro to Volleyball Clinic - Ages 8-12 - June 12

10 a.m.-3 p.m. - Houck Field House

All Skills Clinic - All Ages - June 13 & 14

10 a.m.-3 p.m. - Houck Field House

Hitters Clinic - All Ages - June 20

10 a.m.-3 p.m. - Houck Field House

*All Skills Camp Registration Due by May 25

*Enclose \$35 non-refundable deposit with each application. Balance is due at check-in.

Make check payable to:

Southeast Missouri State University **OR**

Charge total camp fee to:

Visa Mastercard Discover

Cardholder Name_____

Acct. Number_____

Exp. Date_____

Signature_____

AUTHORIZATION FOR EMERGENCY TREATMENT

Camper's Name_____

Camp Attending_____

Dates of Camp_____

Name of School_____

As a parent or legal guardian of _____, a minor attending a camp at Southeast Missouri State University, I do hereby authorize, consent, and request Health Services personnel and/or the athletic Training Staff to provide preliminary evaluation of illnesses and to conduct first aid treatment of potentially serious injuries for my son/daughter/legal ward. I understand that no further treatment will be given without contacting me, except for life-threatening situations.

Signed_____

Date_____

Relationship_____

Daytime Phone_____

Home Phone_____

Cell Phone_____

I further authorize that my child/ward may receive Tylenol or Pepto Bismol or Maalox while attending this camp.

Signature_____

In case of emergency and parent cannot be reached at above numbers, contact:

Name_____

Relationship_____

Daytime Phone_____

Home Phone_____

Insurance Co._____

Policy No._____

Group No._____

Known allergies or other conditions:_____

Mail to: **Volleyball Camp Director - MS 0200
Southeast Missouri State University
One University Plaza
Cape Girardeau, MO 63701**

HOW TO REGISTER

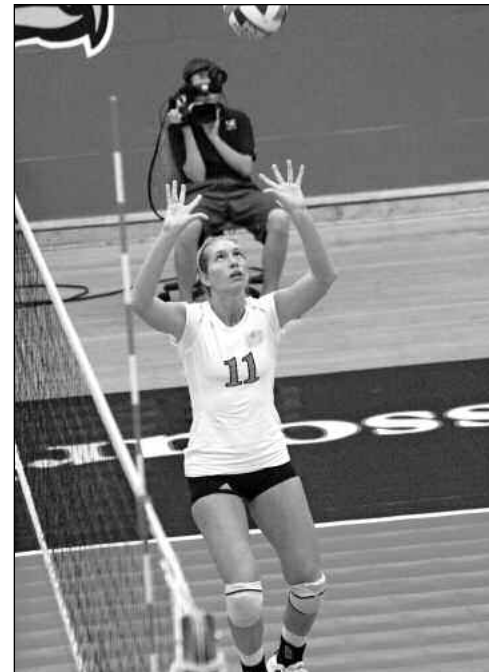
Complete, detach and return the application and medical treatment form. Submit a separate application for each camp if registering for more than one session. Application and medical treatment form may be duplicated. Send forms and \$35 non-refundable deposit with each application. Balance due at check-in. A confirmation letter with more information will be sent to campers of the **All Skills Camp only** upon receipt of their application and payment. A responsible adult should attend check-in for more information about pick-up times, daily schedule, etc. Be sure to fill in all information on the application.

WHAT TO BRING

Comfortable clothes, knee pads, toiletries, water bottle, T-shirts, shorts

Resident campers should also bring:

Sheets, pillow, blanket, towels, alarm clock, snacks, bathing suit, towel



2008 Volleyball Campers

REDHAWKS VOLLEYBALL ACCOMPLISHMENTS

- 18 straight OVC Tournament appearances
- Aubrey Dondlinger named 1st Team All-OVC, 2008
- Claire Keaton named 2nd Team All-OVC, 2008
- Molly Davis and Claire Keaton named to All-Tournament teams in pre-season
- OVC Players of the Week, 2008: Sarah Barth twice, Alyssa Aston, Claire Keaton, Molly Davis, Aubrey Dondlinger
- 2007 OVC regular season champs
- Renata Nowacki named 2007 OVC Coach of the Year
- Produced 27 OVC 1st Team members
- OVC Champions 9 times
- OVC Tournament Champions 5 times
- NCAA appearances in '96, '98, '99, '00

FOR MORE INFORMATION

573-651-2563

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