



# Volleyball All-Skills CAMP

## IMPORTANT INFORMATION

### DATES

July 8<sup>th</sup>-10<sup>th</sup>

### TIMES

3<sup>rd</sup> - 8<sup>th</sup> 9am – Noon  
9<sup>th</sup> - 12<sup>th</sup> 1pm – 4pm

### AGES

Camp for girls entering  
3<sup>rd</sup> – 12<sup>th</sup> grade

### COST

\$50 before June 19<sup>th</sup>  
\$65 at the gym

### LOCATION

Page High School  
6281 Arno Road  
Franklin, TN 37064

### QUESTIONS

[kj4310@yahoo.com](mailto:kj4310@yahoo.com)

## VOLLEYBALL ALL-SKILLS CAMP

hosted by Page High School

**JULY 8-10, 2009**

The All-Skills Camp is designed to give girls entering grades 3-12 a challenging experience based on their skill level. With the focus on all aspects of volleyball, training groups are established that ensure the camper of instruction within their skill level. This camp is a must for players of all skill levels trying to brush up on fundamentals or learning the game for the first time.

**3<sup>rd</sup> – 8<sup>th</sup> Grade**

**9:00am – Noon**

Our “juniors” camp is fundamental-based with an equal emphasis on learning proper techniques and enjoying the game. The Page High School volleyball team will assist the head coaches during camp and serve as mentors to the younger campers. All basic volleyball skills will be covered, including: setting, serving, passing and hitting.

**9<sup>th</sup> – 12<sup>th</sup> Grade**

**1:00pm – 4:00pm**

The high school camp will focus on all aspects of the game with special emphasis on skill development by position. Our experienced coaches, working within their area of expertise, will train each camper to make them better individual volleyball players and competitors. Advanced hitting, passing, serving and setting skills will be taught along with special offensive & defensive formations.

## TO REGISTER

Fill out the 1) [camp registration](#) and 2) [medical release](#) forms found @ [www.pagevolleyball.com](http://www.pagevolleyball.com)

Mail the completed copies to:

**Karen Boots • PHS Head Volleyball Coach • 2015 Lavender Court, Spring Hill, TN 37174**